Leap
Life Skills

FOR SCHOOLS · BENGALURU

A life-skills programme that runs on your campus.

Confidence, discipline, focus and safety — taught as a real curriculum, built through karate, delivered with zero additional infrastructure.

CERTIFIED DAN-GRADE INSTRUCTORS



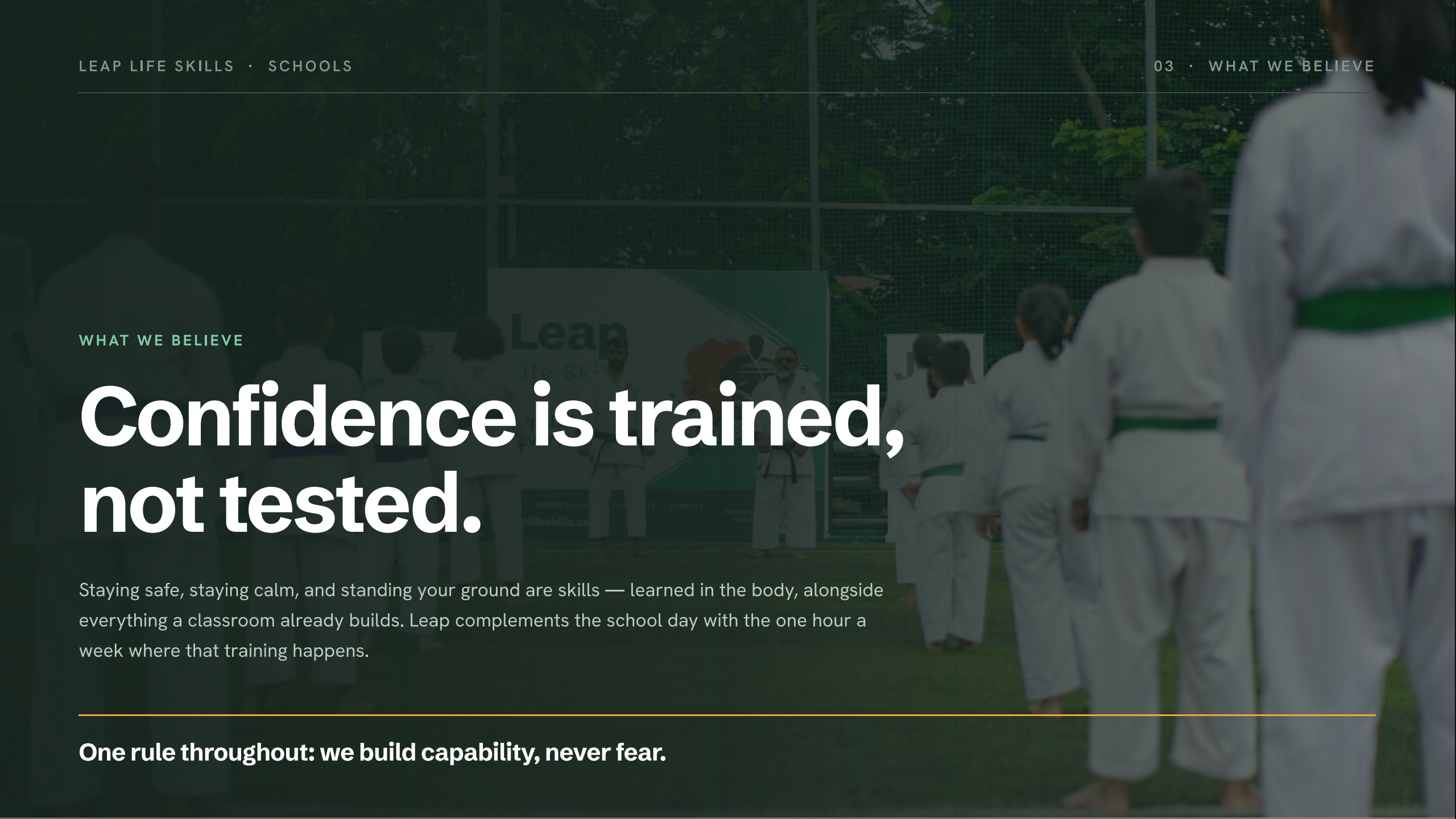
ABOUT LEAP

We teach life skills. Karate is where we start.

Leap builds confidence, safety and composure through authentic physical discipline — skills that grow alongside everything a school already teaches.

Capability, never fear — progress earned, belt by belt.





WHAT WE BELIEVE

Confidence is trained, not tested.

Staying safe, staying calm, and standing your ground are skills — learned in the body, alongside everything a classroom already builds. Leap complements the school day with the one hour a week where that training happens.

One rule throughout: we build capability, never fear.

THE THREE PILLARS

Three skills. Every age. Every programme.

Whatever the programme — kids, women's safety or corporate — it rests on the same three.

01

Awareness

Reading a situation, and yourself, before it ever becomes a problem.

02

Composure

Staying calm enough to make one clear decision under pressure.

03

Capability

The tools, in the body, to act — with the confidence to use them.

THE LINEAGE

A traditional lineage, not a franchise.

Every Leap instructor is a certified Dan-grade black belt in traditional karate — a direct, verifiable lineage from Okinawa to Bengaluru, not a weekend certificate. Dan grades, certification numbers, and police verification are on file for every instructor who steps onto your campus.

Okinawa → Japan → Leap, Bengaluru

CERTIFIED INSTRUCTORS

- ✓ Certified Dan-grade instructors
- ✓ Certification numbers on file
- ✓ Police-verified, trained for children
- ✓ Annual re-certification

SCHOOLS WE'VE TAUGHT AT

- **St. Joseph's Indian High School**
- **The Brigade School — Malleswaram**
- **The Brigade School — Whitefield**
- **The Brigade School — JP Nagar**

THE COACHES

The people on the mat with your children.

Every instructor is certified, licensed and police-verified — with the grades and competition record to back it up.



HEAD COACH

Augustine Santosh Kumar

Age 45 · 22 years teaching

GRADE	2nd Dan Black Belt (Shotokan) · 3rd Dan Black Belt (Shito-Ryu)
LICENCE	Instructor ‘D’ licence

22 Years teaching — a dual-style black belt who has trained children for over two decades.



COACH

Hari Haran E

Age 27 · 8 years teaching

GRADE	3rd Dan Black Belt (Shotokan)
LICENCE	D-Judge & D-Instructor licence
EDUCATION	B.Com, St. Joseph’s College — 2020

10TH NATIONAL CHAMPIONSHIPS 2026

1st place, Kumite · Men’s 21+ — 2nd place, Kata



THE IDEA

Focus and composure are trainable.

The qualities that decide how a child shows up — focus, self-belief, composure under pressure — aren't things you hope they pick up. They're skills. We build them one way: on the mat, week by week, earned rather than handed over.

6–14
age range we teach

1 hr
to see it for yourself

THE BELT-GRADED JOURNEY

White	Yellow	Orange	Green	Blue & beyond
14 classes	20 classes	32 classes		

Classes shown are what it takes to sit each belt exam. In a typical term, a student should reach their yellow belt — each grading earned, not handed over.

WHAT WE BRING

A curriculum, not a one-off activity.

Progressive and belt-graded, built around six measurable life qualities — and run entirely on your campus, so nothing about your timetable or facilities has to change.

Structured

A term-by-term syllabus with clear milestones — not improvised drills.

Belt-graded

Progress is earned and visible, giving children something real to work toward.

On your campus

We bring everything. You provide the students and the timetable slot.

THE SIX QUALITIES WE GRADE.

01	02	03	04	05	06
Awareness	Composure	Capability	Focus	Discipline	Respect

WHY SCHOOLS CHOOSE LEAP

Five reasons it works inside a school.

Everything is designed to fit how a school actually runs — safely, visibly, and without new overheads.

01	**A real curriculum**	Progressive and belt-graded, built around six measurable life qualities — not a one-off activity.
02	**Zero infrastructure**	Fully on-campus; we bring everything, you provide nothing extra.
03	**Safety-first**	No competitive sparring, max 15 children per instructor, health screening and first-aid at every session.
04	**Visible to parents**	Gradings and progress reports give parents something to value — and your school a differentiator.
05	**Girls' safety built in**	Age-appropriate body safety and assertiveness, delivered with care, never fear.



SAFETY, FIRST

Trust is operational, not cosmetic.

15
children max, per instructor

0
competitive sparring, ever

100%
police-verified instructors

Every
session: first-aid & health screening

Full liability documentation is provided, and instructors are trained specifically to teach children.

BODY SAFETY & PERSONAL BOUNDARIES

Safe touch, unsafe touch — taught with care, not fear.

Karate gives children more than awareness — a trained, physical response. Every child learns to recognise an unsafe touch, act on it, and tell a trusted adult.

01 Recognise

Simple, positive rules — the swimsuit rule, “your body belongs to you” — and trusting the uh-oh feeling when a touch feels wrong, whoever it comes from.

02 Respond — the karate way

A loud, firm “NO” — then the swat-away: a firm karate block that knocks the hand off, a wrist-release to break a grab, and a step back to safe distance. Drilled in class until it's instinct.

03 Report

Tell a trusted adult straight away. Children learn there are no secrets about touch — and that it is never, ever their fault.

Sessions are age-graded and fear-free, and we brief teachers and parents before the module begins.





HOW IT WORKS

Delivered as a term-based contract.

Curriculum-integrated and run to your timetable. We handle delivery, grading and reporting — you provide the students.

FORMAT	Term-based contract, curriculum-integrated
BATCH SIZE	20–40 students per batch (minimum 20)
TIMING	In-curriculum or after-school — we fit your timetable
WE HANDLE	Delivery, grading and progress reporting
PRICING	Tailored quote, scoped to your numbers after a demo

GETTING STARTED

Three steps to your first session.

The fastest way to decide is to let us run a single session — and let the children show you.

1

Free demo class

We run one live session for a single group, on your campus — no commitment.

2

Tailored proposal

Scoped to your student numbers and timetable, with a clear per-term quote.

3

Term rollout

We deliver, grade and report each term — you simply provide the students.

QUESTIONS, ANSWERED

The ones we always get.

Do we need a hall or equipment?

No — the programme is fully on-campus and we bring everything needed.

What's the class size?

Batches of 20–40 students, with a maximum of 15 children per instructor.

What does it cost?

Per student, per term — request a demo and we'll quote for your numbers.

In-curriculum or after-school?

Either — we fit the school's timetable.

How are results shown to parents?

Through belt gradings and termly progress reports.

Which schools have you worked with?

St. Joseph’s Indian High School and The Brigade School — Malleswaram, Whitefield & JP Nagar.

Leap
Life Skills

FIRST DEMO IS FREE · WE REPLY WITHIN 24 HOURS

Bring Leap to your campus.

Book a free demo class and let the children show your team what an hour can do.

EMAIL
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WHATSAPP
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BASED IN
Bengaluru

